

## PATIENT EDUCATION/SELF MANAGEMENT

**HUMAN IMMUNODEFICIENCY VIRUS (HIV)****WHAT YOU SHOULD KNOW ABOUT HIV:**

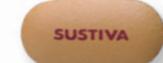
Acquired Immunodeficiency Syndrome (AIDS) is caused by HIV.

- You can have HIV for years and not feel sick.
- If HIV is not treated it can slowly destroy your immune system. You can be at risk for other serious and maybe deadly infections. Early treatment, can save your life.
- There is no cure or vaccine for HIV. Effective treatment can lengthen your life and prevent other painful and serious problems.
- **Know your status:** ask your health care provider for an HIV test if you have never been tested. HIV may take up to six months to show up in your body.
- **Protect yourself:** HIV can be spread through unprotected sexual contact or sharing needles with someone who is HIV infected. You should avoid these risky behaviors.

*Sexual activity and the use of needles for non-prescribed reasons are illegal within the California Department of Corrections and Rehabilitation and may lead to prosecution.*

- **Know how HIV is NOT spread:** dry kissing, shaking hands, hugging, sharing utensils or food, or sharing toilets.
- If you think you have been exposed, see your health care provider. Especially if you have any of the following:
  - Flu-like symptoms
  - Night sweats
  - Fevers
  - Weight loss
  - Diarrhea
  - Swollen lymph glands
  - Oral thrush (white patches in your mouth)
  - Vaginal yeast infections
- If you are on HIV medicines, be sure to take them daily. Missed doses can increase your risk of becoming resistant and the medicine may not be able to control your HIV. Tell your health care provider if you are not able to take your HIV medicines due to bad side effects, you forget a lot, or other reasons.

**PATIENT EDUCATION/SELF MANAGEMENT**  
**MEDICATION IDENTIFICATION GUIDE**

<b>NUCLEOSIDE/ NUCLEOTIDE REVERSE TRANSCRIP- TASE INHIBI- TORS (NRTI)</b>	<input type="checkbox"/> ABACAVIR (ZIAGEN, ABC) 	<input type="checkbox"/> DIDANOSINE (VIDEX, DDI) 	<input type="checkbox"/> EMTRICITABINE (EMTRIVA, FTC) 	<input type="checkbox"/> LAMIVUDINE (EPIVIR, 3TC) 
	<input type="checkbox"/> STAVUDINE (ZERIT, D4T) 	<input type="checkbox"/> TENOFOVIR (VIREAD, TDF) 	<input type="checkbox"/> ZIDOVUDINE (RETROVIR, AZT) 	
<b>NON- NUCLEOSIDE REVERSE TRANSCRIP- TASE INHIBI- TORS (NNRTI)</b>	<input type="checkbox"/> DELAVIRDINE (RESCRIPTOR DLV) 	<input type="checkbox"/> EFAVIRENZ (SUSTIVA/EFV) 	<input type="checkbox"/> ETRAVIRINE (INTELENCE, ETR) 	<input type="checkbox"/> NEVIRAPINE (VIRAMUNE, NVP) 
	<input type="checkbox"/> RILPIVIRINE (EDURANT, RPV) 			
<b>PROTEASE INHIBITOR (PI)</b>	<input type="checkbox"/> ATAZANAVIR (REYATAZ, ATV) 	<input type="checkbox"/> DARUNAVIR (PREZISTA, DRV) 	<input type="checkbox"/> FOSAMPRENAVIR (LEXIVA, LEX) 	<input type="checkbox"/> INDINAVIR (CRIVIAN, IND) 
	<input type="checkbox"/> KALETRA (LOPINAVIR/ RITONAVIR LPV) 	<input type="checkbox"/> NELFINAVIR (VIRACEPT, NLF) 	<input type="checkbox"/> RITONAVIR (NORVIR, RTV) 	<input type="checkbox"/> SAQUINAVIR (INVIRASE, SQV) 
	<input type="checkbox"/> TIPRANAVIR (APTIVUS, TPV) 			
<b>INTEGRASE INHIBITOR (INSTI)</b>	<input type="checkbox"/> RALTEGRAVIR (ISENTRESS, RAL) 			
<b>COFORMULA- TIONS</b>	<input type="checkbox"/> ABACAVIR/LAMIVUDINE (EPZICOM, EPZ) 	<input type="checkbox"/> EFAVIRENZ/TENOFOVIR/ EMTRICITABINE (ATRIPLA) 	<input type="checkbox"/> ELVITEGRAVIR/ COBICICISTAT/ MTRICITABINE/ TENOFVIR (STRIBILD) 	<input type="checkbox"/> RILPIVIRINE/TENOFOVIR/ EMTRICITABINE (COMPLERA) 
	<input type="checkbox"/> TENOFOVIR/EMTRICITABINE (TRUVADA, TVD) 	<input type="checkbox"/> ZIDOVUDINE /LAMIVUDINE / ABACAVIR (TRIZIVIR, TZV) 	<input type="checkbox"/> ZIDOVUDINE / LAMIVUDINE (COMBIVIR, CMB) 	
<b>OTHER</b>	<input type="checkbox"/> ENFUVIRTIDE (FUZEON, T20) 	<input type="checkbox"/> MARAVIROC (SELZENTRY, MVC) 		