



VOLUME 9: PHARMACY SERVICES	Effective Date: 06/2008
CHAPTER 28	Revision Date: 06/2015
9.28 PAROLE AND DISCHARGE MEDICATIONS PROCEDURE	Attachments: Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>

I. PROCEDURE OVERVIEW

Scheduled and selected as needed (PRN) prescription medications shall be prescribed and dispensed to patients upon parole or discharge. The patient shall be provided with a list of the medications prescribed and dispensed at the time of parole or discharge.

II. PURPOSE

To ensure continuity of drug therapy as the patient leaves the California Department of Corrections and Rehabilitation (CDCR) health care system.

III. DEFINITIONS

Authorized Discharge and Parole Medication: Medications necessary to protect life, prevent significant illness or disability, alleviate severe pain, or mitigate side effects of other essential medications. This includes medications prescribed to treat chronic or acute illness which are scheduled to be taken on a routine or PRN basis and may occasionally include prescribed over-the-counter (OTC) medications.

- Examples of prescribed OTC medications which may be provided include, but are not limited to:
 - Aspirin 81mg
 - Proton pump inhibitors
 - H2 antagonists
- Medications that shall NOT be provided include:
 - OTC medications for minor ailments such as seasonal allergies, dandruff, and acne.
 - Items such as shampoos, moisturizing lotions, antacids, and sunscreen.

Discharge: Release of an inmate from imprisonment to the community by a releasing authority after completion of his/her prison term.

Parole: Release of an inmate from imprisonment to the community by a releasing authority prior to the expiration of his/her prison term.

IV. PROCEDURE

A. General Requirements

1. Patients currently receiving medication, pursuant to an appropriately licensed provider’s order, shall be given up to a 30 day supply of authorized medications when released on parole or discharged. Each institution shall ensure the patient receives his/her parole or discharge medication(s) at the time of release with a list of the medication(s) provided.
2. Health care and pharmacy staff shall be notified by the Classification and Parole Representative (C&PR) office at least 14 days prior to an inmate’s scheduled parole or release date.
3. C&PR and/or Receiving and Release (R&R) staff shall promptly communicate to the pharmacy any additions or deletions made to the parole/discharge list after it is sent to health care and pharmacy staff.

CALIFORNIA CORRECTIONAL HEALTH CARE SERVICES

B. Prescription Requirements

1. Parole and discharge medications shall be prescribed utilizing the CDC 7221, Physician's Orders, a Guardian Rx Medication Reconciliation Form, or entered via the Computerized Provider Order Entry. Refer to Inmate Medical Services Policies and Procedures (IMSP&P), Volume 9, Chapter 9, Prescription Requirements, for the required elements of a prescription.
2. A completed and signed California approved tamper-resistant prescription shall accompany any order for a Drug Enforcement Administration (DEA) Schedule II, III, IV or V controlled substance as required by state law. All prescriptions for controlled substances for patients being discharged or paroled are considered outpatient prescriptions and require the individual DEA number of the prescribing provider. Reporting to the Controlled Substance Utilization, Review and Evaluation System shall be completed electronically as required by the State of California Department of Justice.
3. Syringes and needles necessary for prescribed chronic subcutaneous and intramuscular medications shall be prescribed and dispensed in the same fashion as medications. A licensed health care staff member performing within their scope of practice shall instruct the patient on the use of the syringe.
4. Long-acting injectable psychotropic medications shall not be dispensed. The patient shall receive an injection just prior to release if deemed appropriate by the prescribing psychiatrist.

C. Packaging and Labeling

1. All parole and discharge medications shall have packaging and prescription labels that comply with the requirements of federal and state pharmacy laws and IMSP&P, Volume 9, Chapter 9, Prescription Requirements.
2. All parole and discharge prescriptions shall be dispensed in containers with secure child resistant closures that protect medication from contamination, moisture, and light (e.g., plastic amber medication vials).

D. Delivery and Documentation of Parole and Discharge Medication

1. Medication shall be dispensed and placed in a stapled or sealed opaque bag by pharmacy staff with the patient's name affixed. Medication shall be delivered to the R&R supervisor or designee prior to the day of parole or discharge.
2. During the processing of parole medications, two (2) extra prescription labels for each medication shall be printed:
 - a. One (1) of each label shall be affixed to each of two (2) copies of the CDCR 7533, Patient-Inmate Release Medication Receipt.
 - b. Two (2) copies of the CDCR 7533 shall be attached to the package containing the medication:
 - 1) One (1) copy is given to the patient at the time of parole or discharge.
 - 2) One (1) copy is sent to the pharmacy and subsequently routed to the Health Records Department to be filed in the patient's health record.
3. When an inmate reports to R&R for parole or discharge, all medication in his/her possession shall be confiscated and disposed of in accordance with IMSP&P, Volume 9, Chapter 16, Expiration Dates, Beyond-Use Dates and Disposition of Outdated, Contaminated, Mislabeled or Overstocked and Recalled Medications. The medications are confiscated as medications for use outside of the institution must be packaged in child resistant containers per federal and state pharmacy law.

CALIFORNIA CORRECTIONAL HEALTH CARE SERVICES

4. At the time of release, custody or health care staff shall deliver the medication to the patient and have the patient sign one (1) copy of the CDCR 7533 to acknowledge receipt or refusal of the medication.
5. The signed CDCR 7533 shall be returned to the pharmacy.
6. If parole or release medications are refused or not delivered to the patient for any reason, the medication shall be returned to the pharmacy with the CDCR 7533 indicating refusal or the reason for its return (e.g., parole date changed).

E. Consultation

Patient consultation shall be made available by a licensed health care staff performing within his/her scope of practice in conformance with state and federal statutory and regulatory requirements.

V. REFERENCES

- Code of Federal Regulations, Chapter II, Subchapter E, Part 1700, Section 1700.14(a)(10) Prescription Drugs
- California Code of Regulations, Title 16, Division 17, Article 2, Section 1707.2, Duty to Consult
- California Business and Professions Code, Division 2, Chapter 9, Article 4, Section 4076
- California Correctional Health Care Services, Inmate Medical Services Policies and Procedures, Volume 9, Chapter 9, Prescription Requirements
- California Correctional Health Care Services, Inmate Medical Services Policies and Procedures, Volume 9, Chapter 16, Expiration Dates, Beyond-Use Dates and Disposition of Outdated, Contaminated, Mislabeled, or Overstocked and Recalled Medications
- California Correctional Health Care Services, Inmate Medical Services Policies and Procedures, Volume 9, Chapter 18, Ordering, Securing, and Disposing of DEA Schedule II, III, IV, and V Controlled Medications