



VOLUME: 4 MEDICAL SERVICES	Effective Date: 12/03
CHAPTER: 20A	Revision Date(s): 01/06, 12/10
OUTPATIENT DIETARY INTERVENTIONS POLICY	Attachments: Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>

I. POLICY

The California Department of Corrections and Rehabilitation (CDCR) shall provide patient-inmates with meals based on a standardized master menu consistent with a CDCR Heart Healthy diet. With appropriate patient-inmate diet instruction, the CDCR Heart Healthy diet eliminates the need for most prescribed diets. Medically-necessary diet instruction and medically-necessary outpatient therapeutic diets, nourishments, and supplements shall be provided.

II. PURPOSE

Diet instruction, therapeutic diets, nourishments and supplements are prescribed and provided for patient-inmates with identified nutritional needs in order to ensure that patient-inmates have medically necessary information regarding appropriate nutritional choices, and that those patient-inmates requiring a medically necessary outpatient therapeutic diet, nourishment or supplement receive the necessary food.

III. DEFINITIONS

CDCR Heart Healthy Diet: A diet plan restricted in sodium and fat while supplying adequate calories, fiber and all essential nutrients, supported by the CDCR and approved by a Registered Dietitian.

Diet Instruction: specific dietary recommendations including careful food choices based on the CDCR Heart Healthy Diet, provided by a Registered Dietitian or other health care staff within the scope of their licensure.

Nourishments: Approved food items, in addition to the standard meal, prescribed by a treating clinician for patient-inmates with certain medical or dental conditions.

Outpatient Therapeutic Diet: A therapeutic diet prescribed by a treating clinician.

Supplement: High caloric drinks or high caloric food bars, in addition to the standard meal, prescribed by a treating clinician, for patient-inmates with certain medical or dental conditions.

Treating Clinician: A Physician, Nurse Practitioner, Physician Assistant, or Dentist

IV. RESPONSIBILITIES

The institution Chief Executive Officer is responsible for each institution's implementation of this policy.

CALIFORNIA PRISON HEALTH CARE SERVICES

V. REFERENCES

- California Code of Regulations; Title 15, 2008, CDCR (Article 4, 3054 (d))
- Manual of Clinical Dietetics, Sixth Edition, American Dietetic Association, 2000
- CDCR Department Operations Manual, 2006, Chapter 5, Article 51, 54080.3,.54080.5-6, 54080.14
- IMSP&P Volume 4, Chapter 29, Medical Classification System