CALIFORNIA PRISON HEALTH CARE SERVICES

VOLUME 4: MEDICAL SERVICES	Effective Date: 12/03
CHAPTER 7: PREVENTIVE CLINICAL SERVICES	Revision Date (s): 1/06, 4/5/11
4.7.1: PREVENTIVE CLINICAL SERVICES POLICY	Attachments: Yes ☒ No ☐

I. POLICY

The California Prison Health Care Services (CPHCS) provider staff shall provide preventive clinical services to the patient-inmate population based on age-gender recommendations from the United States Preventive Services Task Force (USPSTF) Guide to Clinical Preventive Services. The recommendations described in this policy include those screening interventions for which there is substantial scientific evidence demonstrating the efficacy of intervention and relevance for the populations incarcerated in the California Department of Corrections and Rehabilitation (CDCR).

CPHCS staff shall document provision of all preventive clinical services to each patient-inmate in appropriate sections of the Unit Health Record, including but not limited to, CDCR Form 7420, Problem List/Flow Record and CDCR Form 7230, Interdisciplinary Progress Note.

As additional scientific evidence becomes available, the recommended clinical screening services may be modified, expanded, and updated. The CPHCS shall use the USPSTF guidelines as the basis for changing the preventive clinical service recommendations.

II. PURPOSE

To provide age and gender based clinical screening services to patient-inmates without recognized signs or symptoms of the health care condition in order to diagnose a clinical condition at the earliest possible point which may be amenable to treatment.

III. APPLICABILITY

This policy including attached table (Appendix A, Preventive Clinical Services: Screening Guidelines) applies to screening services for patient-inmates who are housed at his/her endorsed institution. Additional services may be appropriate for certain high-risk or targeted populations, which may be required under other CDCR policies and programs, for example, chronic disease management programs, public health programs, and/or the Mental Health Program Guide.

This policy does not cover:

- Immunizations. (Note: The CPHCS Public Health Unit will issue vaccination/ immunization recommendations annually based upon the Centers for Disease Control and Prevention's Advisory Committee on Immunization Practices guidelines. Immunizations will be offered to patient-inmates consistent with these recommendations.)
- Chemoprophylaxis
- Mental Health Services
- Preventive services to specific targeted high-risk populations
- Reception Center testing

IV. COMPLIANCE

The Chief Executive Officer (CEO) at each institution shall implement and maintain a tracking system to ensure each clinical screening service is provided to each identified patient-inmate.

V. REFERENCES

United States Preventive Services Task Force's Guide to Clinical Preventive Services, 2009, http://www.ahrq.gov/clinic/prevenix.htm

APPENDIX A

Preventive Clinical Services: Screening Guidelines

PREVENTIVE CLINICAL SERVICES: SCREENING GUIDELINES					
Clinical Condition	**Recommendation**	**Men Age Group**	**Women Age Group**	**Interval**	**Notes**
Breast Cancer	Mammography		50 to 74	At Least Every Two (2) Years	
Cervical Cancer	Pap Smear		21 to 65	At Least Every Three (3) Years	Sexually active with an intact uterus. May be discontinued for women older than 65 who after age 55 have had at least three (3) normal tests and no abnormal tests.
Colorectal Cancer	Fecal Occult Blood Tests (FOBT)	50 to 75	50 to 75	Annual	An Annual FOBT is not required for patient-inmates who have had a normal colonoscopy in the last ten (10) years.
High Blood Pressure	Blood Pressure Measurement	≥ 18	≥ 18	At Least Every Two (2) Years	
Lipid Disorders	Fasting Lipid Panel	35 to 65		Five (5) Years	Non-fasting cholesterol and HDL acceptable screening alternative.
Osteoporosis	DXA		≥ 65	One Time	One time screening of femoral neck.